

START CREWING

Student Record Master Sheet (SYLLABUS)



STUDENT NAME: _____	Competent	Signed	Date
PREPARATION			
Understands the importance of the correct fitting and wearing of life jackets			
Understands the importance of appropriate clothing and footwear			
BOATS & EQUIPMENT			
Has basic knowledge of sailing terms, can identify parts of a boat, rigging, and sails			
Can bend on, hoist, lower, and stow sails			
ROPEWORK			
Can tie the following knots: - figure of eight, - bowline, - round turn and two half hitches			
Has basic knowledge of the use of sheets, halyards, winches, clutches, mooring lines, and cleats			
Can coil and stow a rope			
SKILLS & TECHNIQUES			
Understands the theory and basic principles of sailing including tacking and gybing			
Has basic wind awareness			
Can trim sails efficiently on all points of sail			
Can tie up boat alongside using springs and mooring lines			
SAFETY & EMERGENCY			
Understands the correct action to be taken to recover a MOB			
Understands the correct use of safety equipment onboard			
Is aware of hazards onboard a boat and understands how to avoid them			
SAILING THEORY			
Has awareness of the basic rules of the road			
Can maintain a continuous lookout			
COMMENTS			